

With the recent loss of one of our school parents, I thought it would be helpful to share some grief counseling information. The grieving process is so personal and unique for each person. Knowing how best to help and also where to turn for help can ease a person's grief. Below I am listing the website for the National Alliance for Children's Grief, along with some helpful ideas and other activities. These resources will benefit children grades K-8. If any students have questions or would like to speak with me I can be reached at [counselor@stalschoolbg.org](mailto:counselor@stalschoolbg.org)

-Mrs. Grace Dever  
St. Aloysius School Counselor

<https://nacg.org/> (National Alliance for Children's Grief)

- Visit the Family Portal (this will provide links to support resources & frequently asked questions)
- There are also resources for students and how to communicate with their grieving friend

#### **Children's Books on Grief**

- The Invisible String
  - Patrice Karst
- The Good Mourning: A Kid's Support Guide for Grief & Mourning Death
  - Selden Peden
- Samantha Jane's Missing Smile
  - Donna Pincus & Julie Kaplow
- The Next Place
  - Warren Hanson
- Lifetimes: A Beautiful Way to Explain Death to Children
  - Bryan Mellonie & Robert Ingpen
- Grief is Like a Snowflake
  - Julia Cook
- Why Did You Die: Activities to Help Children Cope with Grief & Loss
  - Erika Leeuwenburgh, LPC & Ellen Goldring, LPC

#### **Community Counseling Agencies**

##### ***Julia Burrow, MD & Associates***

juliaburrowmd.com  
830 W. South Boundary Street Ste. A Perrysburg, Ohio 43551  
(419) 931-3020

##### ***Mighty Oak Christian Counseling***

mightyoakcounseling.com  
141 E. Court Street Ste. B Bowling Green, Ohio 43402  
(419) 575-7910

##### ***Perrysburg Counseling Service***

perrysburgcounseling.com  
1070 Commerce Dr. Building One Ste. 101 Perrysburg, Ohio 43551  
(419) 482-8382

##### ***Willow Center***

willowcenter.com  
440 East Poe Rd. Ste. 202 Bowling Green, Ohio 43402  
5565 Airport Hwy Ste. 100 & 203 Toledo, Ohio 43615  
(419) 720-5800