



# **Bowling Green Middle School Wrestling 7th & 8th Grade**

Preseason workouts:

11/1, 11/3, 11/7, 11/9, 11/10 3:00 pm- 5:00 pm

1st official practice:

- Monday, November 14th, 3:00 pm - 5:00 pm
- Mandatory parent meeting will follow the first practice in the BG middle school cafeteria.

Coach Rob Rath: [fdbg39@gmail.com](mailto:fdbg39@gmail.com), 419-419-9033